

Pre-Operative Oral Sedation Instructions

1. Your child should not eat or drink anything (including water) 6 to 8 hours before the start of his/her appointment. Failure to comply with these instructions will result in cancellation of the sedation appointment.
2. Should your child become ill within two weeks prior to a sedation appointment, contact our office to see if it is necessary to postpone the sedation.
3. Dress your child in loose-fitting, comfortable clothing. This will allow us to place monitors that evaluate your child's response to the medications and help ensure your child's safety. These monitors may measure effects on your child's breathing and heart rate.
4. Try not to bring other children to this appointment so you can focus your attention on your child undergoing the sedation.
5. If you will be traveling home by automobile or if you must bring any other children with you to this appointment, it is preferable to have 2 adults accompany the patient home. On the way home, one individual should be able to observe the child's breathing without any distractions, especially if the patient falls asleep while in the car or safety seat.

